

*Welcome* to the practice of Gonsalves, Inc. It is my intent for each client who receives treatment to have an individualized, healing experience. I am sensitive to the difficult nature of issues and hope that sensitivity emanates from the first contact. My practice is directed at helping individuals and families discover a truly fulfilling life course. I am dedicated to helping clients be more than “ok”, and believe that all individuals possess the necessary strength and insight to create lasting and meaningful change. Using integrated therapeutic strategies, especially aimed at helping clients to manage their symptoms and repetitive negative cycles, we work together to navigate challenges, and barriers that impact our access to a more complete and full life interpersonally and with others. Watching the process of lasting symptom reduction and growth/change in clients is my passion and life’s work. I am deeply committed to the therapeutic, collaborative environment and relationship. I welcome all questions, concerns, and feedback in your upcoming sessions